



Helpful Apps for Survivors

The RAINN app gives survivors of sexual violence and their loved ones access to support, self-care tools, and information to help manage the short- and long-term effects of sexual violence.

RAINN <https://www.rainn.org/new-rainn-mobile-app-offers-survivors-loved-ones-another-option-support>

Voted as one of the two “best apps for domestic violence prevention” last year, the **Aspire News App** is a potentially life-saving app that allows victims of abuse to call for help at the touch of a button. The app contains summaries of top stories in world, sports, and entertainment news powered by Yahoo! It is available for download on iPhone and Android smartphone devices.

ASPIRE <https://www.whengeorgiasmiled.org/aspire-news-app/>

RUSafe is a free interactive app for iOS and Android devices that assesses the potential for domestic violence and harm in a dangerous relationship.

RUSafe <https://www.wcspittsburgh.org/rusafe-app/>

The Tech Safety App contains information that can help someone identify technology-facilitated harassment, stalking, or abuse and includes tips on what can be done. Available in English and Spanish.

TechSafety <https://techsafetyapp.org/>

myPlan is a free app to help with safety decisions if you, or someone you care about, is experiencing abuse in their intimate relationship. It’s private, secure, personalized, & backed by research.

myPlan <https://www.myplanapp.org/>

The App Safety Center highlights apps that are being developed for survivors of abuse, which help ensure safety, privacy, and accuracy for the user. Some of these apps provide information on what survivors and professionals need to know to use them safely.

The App Safety Center <https://www.techsafety.org/appsafetycenter>